



COVID-19 & STUDIO POLICIES

UPDATED: March 11, 2022

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TORONTO SCHOOL OF
CIRCUS ARTS

COVID-19 POLICIES



1

STAY AT HOME IF YOU FEEL ILL

If you are experiencing any [symptom\(s\)](#) of COVID-19, or have been in contact with anyone with symptoms, please stay home. Unsure? Take a government self-assessment test [here](#). Notify the office immediately if you, or someone you have been in contact with, are experiencing symptoms.

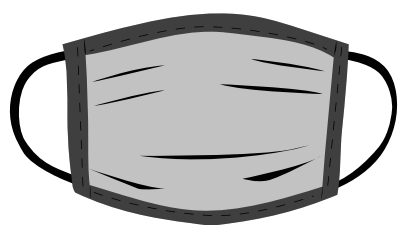


2

BYOE: BRING YOUR OWN EQUIPMENT

We strongly encourage students to train on their own equipment to minimize the risk of cross contamination. Resources for purchasing your own equipment are below. See "Class & Equipment Policies" for storage fees and requirements.

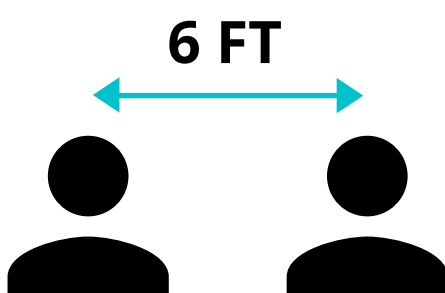
- Aerial Silks: decker@torontocircus.com
- Aerial Hoop & Dance Trapeze: <https://circusconcepts.com/shop/> or www.jugglegear.com



3

WEAR A MASK

Wearing a mask or face covering is required by [law](#) in all indoor public spaces. Students must wear a mask while in the facility.



4

PRACTICE SOCIAL DISTANCING

Maintain a safe physical distance from others throughout the facility. Social distancing markers and designated individual training spaces are indicated throughout TSCA.



5

WASH HANDS OFTEN

Wash your hands thoroughly with soap and water for at least 20 seconds. Students are required to wash their hands prior to entering and upon exiting the training floor. Hand sanitizer is also available on the training floor.



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PRACTICE RESPIRATORY ETIQUETTE

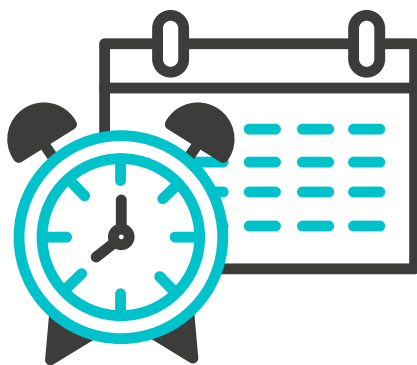
Practicing good respiratory hygiene is the best defense against most viruses. Cover your nose and mouth with a tissue or your elbow when coughing and sneezing. Dispose tissue and wash hands immediately.



7

MINIMIZE CROSS CONTAMINATION

Sharing of equipment and partner/close contact training is not permitted unless people live in the same household. Limit your personal belongings in studio; belongings must be kept in a cubby or within your designated training space. Avoid sharing any personal items with other students.



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HELP MANAGE TRAFFIC FLOW

- Pre-book all training times
- Arrive no earlier than 15 minutes before your session
- Depart within 10 minutes of the end of your session



9

ENHANCED SANITIZATION

Strict sanitization measures are in place to maintain a safe, healthy environment. Training equipment will be disinfected after each use or taken out of rotation, as necessary. High touch surfaces, floors and bathrooms will be sanitized daily using an Electrostatic Spray disinfectant.



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TEMPORARY SERVICE LIMITATIONS

- Only registered TSCA students are allowed in the facility
- Student lounge, counters and showers are temporarily unavailable
- Only water in a non-breakable bottle is allowed in the facility; food and other beverages are not permitted
- Make-up classes are currently not available

THANK YOU FOR KEEPING YOURSELF AND OTHERS SAFE!

REGISTRATION POLICIES

All course selections (instructional and open gym) remain the same for the duration of the session.

Instructional Package Students

- Discounts are non-transferable
- Classes are Non-Refundable

Open Gym

- All Open Gym training times must be pre-booked
- Students are allowed to train on an apparatus that they are currently studying, or have studied, in the past
- Open Gym does not include tumbling, flying trapeze or tramp wall

CLASS & EQUIPMENT POLICIES

Personal Equipment & Storage

- Students are encouraged to train on their own equipment to minimize the risk of cross contamination
- All TSCA punch card students must have their own equipment
- Storage is available, in a limited capacity, for student's personal equipment
- Storage is available for a session fee, as noted on our schedule, per apparatus
- Students must provide a sealed, protective cover for their equipment—silks must be stored in [this container](#)
- TSCA points have a swivel and carabiner for use
- Students can only store equipment that they are actively using during the current session
- Storage fee is non-refundable

Attire

- 3/4 or full length leggings/tights; bodysuit or fitted top; extra long sleeve top; indoor change room shoes. No "extras" on clothing: buttons, zippers, drawstrings, hoods, etc.
- Only elastics in your hair (no pins, clips, etc.)
- No jewelry—jewelry that cannot be removed must be covered with athletic tape
- Tramp wall—specific wrestling footwear is required. See links below:
 - <https://warriorfightstore.com/product-category/wrestling/>
 - <http://www.sportolympia.com/en/wrestling/shoes.asp>

Training Tools

- Training log, athletic tape, Band-Aids, scissors
- Large beach towel to place over mats, resi pits, etc.
- Yoga mat for muscle conditioning and stretch classes
- Optional extras: rosin (silks), Tite Grip (static trapeze and hoop), chalk (flying trapeze)
 - Sharing of training tools/extras is not permitted

Student Communications

- [Subscribe to our mailing list](#) to stay up-to-date on all TSCA information
- Students are responsible for ensuring that the office has their up-to-date contact information, especially their current email address
- Students are responsible for making themselves aware of all school closures, session dates and any schedule changes—this includes communications via email, class schedules and our front notice board

FACILITY & TRAINING POLICIES

Arrival & Departure Times

- Instructional classes & supervised evening training
 - Arrive no earlier than 15 minutes prior to the start of your class/training session
 - Depart within 10 minutes of the end of your class/training session

Pre-Booking Training Times

- Students must pre-book all training times (classes and open gym) to allow for contact tracing
- Students are only allowed in the facility during their booked training times

Training Floor

- All apparatus and equipment are not to be used without the presence of an instructor (except during Non-Prime Time Membership Open Gym training hours)
- Students are not to instruct/coach other students
- All equipment/training tools must be returned to designated area to be disinfected after use—ask TSCA staff for apparatus specific details
- Students must be supervised by an instructor when returning aerial equipment to the back of the studio
- Students are not permitted to change aerial equipment/handle pin rails

Guests, Supervisors & Observers

- Only registered TSCA students are allowed in the facility
- Guests, supervisors and observers are not allowed in the facility for the interim

Food & Beverages

- Only water in a non-breakable bottle is allowed in the facility—all other beverages and food are not permitted
- Water bottle refill station is available on the training floor; the water fountain is temporarily out of service

Storing Your Belongings

- Cubbies are available for students to store their personal belongings; we do not have lockers in our studio
- Personal belongings must be kept within a cubby or within a student's designated training space

Photos/Videos

- Students are permitted to take photos/videos for personal training purposes with permission from their coaches
- Students are not to take photos/videos of other students on the training floor

Studio C

- Studio C is available to Open Gym and Punch Card students
- Studio C can be booked upon arrival during open gym hours on a first come, first serve basis (maximum 1-hour session per visit)
- Studio C can be booked in advance for a flat fee of \$25 + HST per visit (maximum 4-hours per visit)

PAYMENT POLICIES

Refund Policy

- All processed fees are non-refundable and non-transferable
- Credits are not available

Methods of Payment

- Accepted methods of payment: Visa, Mastercard, Cash, E-Transfer